

Natalie Grubbs, Ph.D.

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Counseling & Psychological Services
Georgia State University
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Education

- 2008-2013 **Doctoral of Philosophy**, Counselor Education and Practice (CACREP Accredited)
Georgia State University, Atlanta, GA.
- 2000-2003 **Master of Education**, School Counseling (CACREP Accredited), Georgia State
University, Atlanta, GA.
- 1994-1998 **Bachelor of Arts (Cum Laude)**, Psychology, Spelman College, Atlanta, GA.

Licensure and Certification

- Certified Professional Counselor Supervisor** (#2018), Effective June 2021
- Georgia Licensed Professional Counselor** (#LPC006627), Effective December 2011
- Georgia Certification in School Counseling (S5)** (#392598), Effective July 2003

Teaching Experience

University Teaching and Supervision

- 2021-present **Clinical Assistant Professor/School Counseling Program Coordinator**, Counseling
and Psychological Services Department, Georgia State University, Atlanta, GA.
Courses Taught: Ethical and Legal Standards
and Professional Counselor Identity, Internship: School Counseling, Individual
and Family over the Lifespan, Counseling Skills and Strategies for School-Aged
Children.

- 2023-present **Supervisor of Supervision**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Provided supervision of individual and group supervision to two doctoral Supervisors in Training (SIT).
- 2021-2022 **Supervisor of Supervision**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Provided supervision of individual and group supervision to two doctoral Supervisors in Training (SIT).
- 2020 **Part-Time Instructor**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Course Taught: Applied Practice II: School Counseling.
- 2017 **Part-Time Instructor**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Courses Taught: Current Trends and Ethics in School Counseling, Social/Cultural Issues in Counseling.
- 2015 **Part-Time Instructor**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Course Taught: Social/Cultural Issues in Counseling.
- 2013-2014 **Part-Time Instructor**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Courses Taught: Applied Practice 1: School Counseling, Internship 1: School Counseling, Current Trends and Ethics in School Counseling.
- 2012-2013 **Instructor of Record/Coordinator, Undergraduate Online Courses** (CPS 3200, CPS 3300, CPS 3400), Counseling and Psychological Services Department, Georgia State University, Atlanta, GA.
- 2011 **Doctoral Teaching Assistant/Supervision Intern**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Courses Taught: Basic Counseling Skills, Introduction to School Counseling, Applied Practicum I: School Counseling, Internship I: School Counseling.
- 2008 **Doctoral Teaching Assistant**, Counseling and Psychological Services Department, Georgia State University, Atlanta, GA. Course Taught: Consultation in School Counseling.

Global Connections and Partnerships

- 2021 **Virtual Exchange Program, *Understanding the Global Impact of COVID-19 on Children and Families*.** In partnership with Dr. Huachun Xu at Sichuan Normal University, Chengdu China. Through technology, Georgia State University and Sichuan Normal University (SNU) collaborated to increase global competency, encourage cultural appreciation, and promote digital literacy.

School Counseling/Clinical Experience

- 2021-present **Consultant**, Pawkids Counseling Services, Grove Park Community, Atlanta, GA. Provide trauma-informed consultation, supervision, and counseling services to an underserved community in the Grove Park neighborhood of Atlanta.
- 2015-2021 **School Counselor**, The Children's School, Atlanta, Ga. Counselor for students aged 3 through Grade 8.
- 2014-2019 **Licensed Professional Counselor: Private Practice.** Atlanta, GA. Provided individual counseling and parent training to children and adolescents and their parents. Provided individual and group supervision to counselors and counselors-in-training. Consulted and networked with school counselors and teachers of clients. Specialized in emotional regulation, children with developmental disorders, stress and anxiety, and identity development as the sole proprietor of the practice.
- 2014-2015 **Independent Contract: School Counselor**, Westside Atlanta Charter School, Atlanta, Ga. Established a comprehensive school counseling program based on the American School Counseling Association (ASCA) National Model for students in grades K-3.
- 2011-2014 **Middle Learning Counselor**, The Galloway School, Atlanta, Ga. Counselor for students in grades 5-8. Supervised a school counseling intern from Mercer University, Atlanta Campus (2013-2014).
- 2006-2011 **School Counselor**, Whitefield Academy, Mableton, GA. Counselor for students in grades Pre-K-12. Supervised a school counseling intern from Cambridge College, Augusta Satellite Campus (2009-2010).

- 2004-2006 **School Counselor**, Louise Radloff Middle School, Duluth, GA. Counselor for students in 7th grade, Peer Leadership Program Director for students in 8th grade.
- 2003-2004 **School Counselor**, Lilburn Middle School, Lilburn, GA. Served as the counselor for the students, parents, and teachers in the Special Education and English to Speakers of Other Languages (ESOL) programs.

Publications

Peer-Reviewed Publications

Stewart, L. A., Chang, C. Y., Parker, L. K., & **Grubbs, N.** (2016). Animal-assisted therapy in counseling competencies. Alexandria, VA: American Counseling Association, Animal-Assisted Therapy in Mental Health Interest Network. Articles in Peer-Reviewed Journals.

Parker, L. K., Chang, C. Y., Corthell, K. K., Walsh, M. E., Brack, G. L., & **Grubbs, N.K.** (2014). A grounded theory of counseling students who report problematic peers. *Counselor Education and Supervision*, 53(2), pp. 111-125.

Book Chapters

Grubbs, N., & Chang, C. Y. (2014). Children of divorce. In Byrd, R., and Erford, B.T. (Eds.), *Common encounters in school counseling: A case-based approach*. Columbus, Oh: Pearson.

Grubbs, N., & Chang, C. Y. (2014). Children with eating disorders. In R. Byrd and B T. Erford (Eds.), *Common encounters in school counseling: A case-based approach*. Columbus, Oh; Pearson.

Additional Professional Writing

Grubbs, N. (April 2023). *School Counselors Advocating for their Role in Schools, Districts, and Communities*. The GSCA Beacon. Spring 2023 issue.

Grubbs, N. (October 2020). *Character, Care, and Respect Build a School Community*. The Source Digital Magazine, Cognia. Fall 2020 Issue.

Grubbs, N. & Finan, R. (May 2013). *How Do We Do It?* Chi Epsilon Chapter Newsletter, Chi Sigma Iota. Spring 2014 Issue.

Grubbs, N. (December 2010). *President's Report*. Chi Epsilon Chapter Newsletter, Chi Sigma Iota. Fall 2010 Issue.

Presentations

Peer-Reviewed Presentations (National)

Grubbs, N. (2013, March). *Understanding the Experiences of Pregnant and Parenting Teenagers*. American Counseling Association Conference. Poster Session. Cincinnati, OH.

O'Hara, C., Corthell, K., **Grubbs, N.**, McDonald, C., Parker, L., Smith, J., Stewart, L., Chang, C. (2013, March). *The Experiences of Graduate Students Learning about Professional Advocacy*. American Counseling Association Conference. Chi Sigma Iota Sponsored Poster Session. Cincinnati, OH.

Corthell, K., Dixon, A., Dew, B., Parker, L., **Grubbs, N.** (2013, March). *Mental Health in the Middle: School Counselors' Perceptions of Middle School Students' Mental Health Needs*. American Counseling Association Conference. Cincinnati, OH.

Flowers, L., Whisenhunt, J., Shelton, L., **Grubbs, N.**, Lokkesmoe, K. (2011, March). *Introduction to Posttraumatic Growth: The Transformative Side of Trauma*. American Counseling Association Conference. New Orleans, LA.

Peer-Reviewed Presentations (Regional & State)

Grubbs, N. (2014, November). *Teaching Leadership with Seven Habits for Highly Effective Kids*. Georgia School Counseling Association. Augusta, GA.

Grubbs, N. (2013, October). *Meeting the Perceived Needs of Middle School Parents*. Georgia Independent School Association Conference. Atlanta, GA.

Grubbs, N., Corthell, K. (2012, September). *Things to Consider when Supervising School Counselors*. Southern Association for Counselor Education and Supervision Conference. Roundtable Discussion. Savannah, GA.

Grubbs, N. (2010, November). *Independent Schools Worksetting Meeting: Professional Identity*.

Georgia School Counselor Association Conference. Athens, GA.

Grubbs, N. & Robinson, D. (2010, November). *Preventing Adolescent Pregnancy and Empowering Adolescent Parents to Succeed*. Georgia School Counselor Association Conference. Athens, GA.

Winston, A. & **Grubbs, N.** (2009, November). *African-American Teenagers Attending Predominantly White High Schools*. Georgia School Counselor Association Conference. Atlanta, GA.

Brown, A., **Grubbs, N.**, & Robinson, D. (2008, November). *Counseling Techniques Using Play to Help Students Have a Successful Day*. Georgia School Counselor Association Conference. Augusta, GA.

Grubbs, N. (2007, November). Implementing the ASCA Model at Independent Schools. Georgia School Counselor Association Conference. Independent Schools Worksetting Meeting, Atlanta, GA.

Invited Presentations and Guest Lectures

Grubbs, N. (2023) Embrace Your College Journey: Mastering Emotions for Success. Presented for the Uncovering Hidden Barriers to Academic Success Conference sponsored by the Access and Accommodations Center, Georgia State University, Atlanta, GA.

Grubbs, N. (2023, 2020, 2019) Helping School Children Process and Cope with Trauma. Crisis, Disaster, and Trauma Counseling Class. Lally School of Education, The College of Saint Rose, Albany, NY. Instructor of Record: Dr. Thomas Murphy

Grubbs, N. (2020). Supporting Children with Attention Deficit and Hyperactivity Disorder (ADHD) in Schools. Child and Adolescent Psychopathology Class (CPS 8540). Counseling and Psychological Services Department, College of Education, Georgia State University, Atlanta, GA. Instructor of Record: Dr. Jillian Whatley

Grubbs, N. (2019). Helping School Children Process and Cope with Trauma. Crisis, Disaster, and Trauma Counseling Class. Lally School of Education, The College of Saint Rose, Albany, NY. Instructor of Record: Dr. Thomas Murphy

Grubbs, N. (2019). Teenagers: Developing Your Personal Identity. Fall Retreat, Atlanta Chapter. Jack and Jill of America (Membership Organization of Mothers), Atlanta, GA.

Grubbs, N. (2019). Identity, Stereotypes, and Self-Awareness. Summer Meeting, Tau Beta Kappa (Fraternity for African American Adolescent Males), Atlanta, GA.

Grubbs, N. (2017). Ready for Kindergarten. Kindergarten Readiness Parent Information Session. Child Development Center, Georgia State University, Atlanta, GA.

Grubbs, N. (2014). Parenting Preschoolers. Tallulah Montessori School, Atlanta, GA.

Stewart, L., **Grubbs, N.**, Smith, J. (2012, April). *Animal Assisted Counseling in Action: Concepts and Techniques for Practitioners*. Mercer University Student Affiliate Organization (SAO) Conference. Atlanta, GA.

Grubbs, N., Morgan, T., & Robinson, D. (2008, November). *Encouragement in the Classroom*. Georgia State University New Educators Induction Conference. Roundtable Idea Exchange. Atlanta, GA.

Professional Service

National & International Service

- School Counselor Educator Affinity Group Leader, American School Counseling Association, 2022 to present.
- Community Engagement Committee Member, Chi Sigma Iota, International, 2011-2013.
- Awards Committee Member, Chi Sigma Iota, International, 2011.
- Trends in Community Engagement Task Force, Community Engagement Committee, Chi Sigma Iota, International, Fall 2010.
- Annual Report Analysis, Membership Meetings, Chi Sigma Iota, International, Fall 2010.

State & Regional Service

- Advocacy Co-Chair, Georgia School Counseling Association Leadership Team, 2022-present
- Session Monitor, Georgia School Counselor Association Annual Conference, Athens GA, 2021
- Independent Schools Committee Chair, Georgia School Counselor Association, 2010-2011.
- Session Monitor, Georgia School Counselor Association Annual Conference, Atlanta GA, 2009

Service to the University

- Program Coordinator, School Counseling Program (Atlanta Campus), Georgia State University, College of Education and Human Development, Department of Counseling and Psychological Services, 2021- present.
- Committee Member, Committee on Instructional Excellence, College of Education and Human Development, 2023-present

- Committee Member, Clinical Partnerships and Induction Committee, College of Education and Human Development, 2021- present.
- Committee Member, Diversity and Community Committee, Georgia State University, Department of Counseling and Psychological Services, 2021- present.
- Search Committee Co-Chair, School Counseling Faculty Search, Georgia State University, College of Education and Human Development, Department of Counseling and Psychological Services, 2021-2022.
- Committee Member, Rehabilitation Counseling Faculty Search, Georgia State University, College of Education and Human Development, Department of Counseling and Psychological Services, 2021.
- Focus Group Participant, CACREP Accreditation Student/Alumni Group, Georgia State University, CACREP Review, 2012.
- Student Mentor, Chi Epsilon Chapter, Chi Sigma Iota, Georgia State University, 2011-2013.
- Chair, Awards Committee, Chi Epsilon Chapter (GSU), Chi Sigma Iota, 2011-2012.
- President, Chi Epsilon Chapter (GSU), Chi Sigma Iota, 2010-2011.
- Volunteer, Play Therapy Institute, Georgia State University, June 4, 2010.
- Membership Chair, Chi Epsilon Chapter (GSU), Chi Sigma Iota, 2008-2010.
- President-Elect, Chi Epsilon Chapter (GSU), Chi Sigma Iota, 2009-2010.

Honors and Awards

Chi Sigma Iota Outstanding Practitioner Award, Chi Epsilon Chapter (GSU), 2012-2013.

Chi Sigma Iota Leadership Fellow. 2010-2011. Awarded during the Annual Conference for the American Counseling Association, March 2010.

Cobb County's Award-Winning Teachers. One of four Cobb County educators featured in Cobb in Focus magazine as award-winning teachers. July/August 2010 Issue.

Chi Sigma Iota Outstanding Practitioner Award, Chi Epsilon Chapter (GSU), 2009-2010.

Professional Affiliations

Chi Sigma Iota (CSI) Academic & Professional Honor Society International, Chi Epsilon Chapter
American Counselor Association (ACA)

American School Counselor Association (ASCA)

Association for Counselor Education and Supervision (ACES)

Southern Association for Counselor Education and Supervision (SACES)

Georgia School Counselor Association (GSCA)

Community Involvement

Women's Small Group Leader, Buckhead Church, 2018-present

Room Parent, Community Council, Westside Atlanta Charter School, 2021 to present

Member, National Alumnae Association of Spelman College (NAASC), 2020 to present

Member, Delta Sigma Theta Sorority, Incorporated, 2003 to present

Adult Volunteer, Girl Scouts of the USA, 2007-2012; 2017-2020